



**Rocky Mountain Analytical®**  
Changing lives, one test at a time

## 120+ IgG Antigens List

Almond	Duck	Pear
Apple	Durum Wheat	Peppers (Mixed)
Apricot	Egg White	Peppercorns (Black/White)
Asparagus	Egg Yolk	Pineapple
Avacado	Eggplant	Pistachio
Banana	Garlic	Plaice
Barley	Ginger	Plum
Basil	Gliadin	Pork
Bean (Green/String)	Grape	Raspberry
Bean (Kidney)	Grapefruit	Rice
Bean (White Haricot)	Haddock	Rye
Beef	Hazelnut	Sage
Beetroot	Herring	Salmon
Blackberry	Hops	Scallop
Blackcurrant	Kiwi	Seasame Seed
Brazil nut	Lamb	Shrimp/Prawn
Broccoli	Leek	Sole
Brussels Sprout	Lemon	Soy Bean
Buckwheat	Lentil	Spinach
Cabbage (Savoy/White)	Lettuce	Strawberry
Canola	Lime	Sunflower Seed
Carob	Lobster	Swordfish
Carrot	Mackerel	Tea (Black)
Cashew Nut	Melon (Honeydew)	Tea (green)
Cauliflower	Milk (Cow)	Thyme
Celery	Milk (Goat)	Tomato
Cherry	Milk (Sheep)	Trout
Chicken	Millet	Tuna
Chicory	Mint	Turbot
Chili (Red)	Mushroom	Turkey
Cinnamon	Mussel	Vanilla
Clove	Mustard Seed	Veal
Cocoa Bean	Nectarine	Venison
Coconut	Nutmeg	Walnut
Cod	Oat	Wheat
Coffee	Olive	Wheat Bran
Coriander (Leaf)	Onion	Yeast (Baker's)
Corn (Maize)	Orange	Yeast (Brewer's)
Crab	Oyster	
Cranberry	Parsley	
Cucumber	Pea	
Cumin	Peach	
Dill	Peanut	

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## 200+ IgG Antigens List

Agar Agar	Caviar	<i>Gliadin</i>	<i>Onion</i>	Shallot
<i>Almond</i>	Cayenne	Goat	<i>Orange</i>	<i>Shrimp/Prawn</i>
Aloe Vera	<i>Celery</i>	<i>Grape</i>	Ostrich	Snail (Winkle)
Alpha-Lactalbumin	Chard	<i>Grapefruit</i>	Ox	<i>Sole</i>
Amaranth	<i>Cherry</i>	Guava	<i>Oyster</i>	<i>Soy Bean</i>
Anchovy	Chestnut	<i>Haddock</i>	Papaya	Spelt
Aniseed	<i>Chicken</i>	Hake	<i>Parsley</i>	<i>Spinach</i>
<i>Apple</i>	Chickpea	<i>Hazelnut</i>	Partridge	Spirulina
<i>Apricot</i>	<i>Chicory</i>	<i>Herring</i>	<i>Pea</i>	Squash (Butternut)
Artichoke	<i>Chili, Red</i>	Honey	<i>Peach</i>	Squash (Summer)
Arugula	<i>Cinnamon</i>	<i>Hops</i>	<i>Peanut</i>	Squid
<i>Asparagus</i>	Clam	Horse	<i>Pear</i>	<i>Strawberry</i>
<i>Avocado</i>	Clam (razor)	<i>Kiwi</i>	<i>Pepper (Mixed)</i>	<i>Sunflower Seed</i>
<i>Banana</i>	<i>Clove</i>	<i>Lamb</i>	Peppercorn	Sweet Potato
<i>Barley</i>	Cockle	<i>Leek</i>	Peppermint	<i>Swordfish</i>
Barnacle	<i>Cocoa Bean</i>	<i>Lemon</i>	Perch	Tangerine
<i>Basil</i>	Coconut	<i>Lentil</i>	Pike	Tapioca
Bass	<i>Cod</i>	<i>Lettuce</i>	Pine Nut	Tarragon
Bayleaf	<i>Coffee</i>	<i>Lime</i>	<i>Pineapple</i>	<i>Tea (Black)</i>
Bean (Broad)	Cola Nut	Liquorice	<i>Pistachio</i>	<i>Tea (Green)</i>
<i>Bean (Green/String)</i>	<i>Coriander</i>	<i>Lobster</i>	<i>Plaice</i>	<i>Thyme</i>
<i>Bean (Kidney)</i>	<i>Corn (Maize)</i>	Lychee	<i>Plum</i>	Tiger Nut
<i>Bean (White Haricot)</i>	Couscous	Macadamia Nut	Polenta	<i>Tomato</i>
<i>Beef</i>	<i>Crab</i>	<i>Mackerel</i>	Pomegranate	Transglutaminase
<i>Beetroot</i>	<i>Cranberry</i>	Malt	<i>Pork</i>	<i>Trout</i>
Beta-Lactoglobulin	<i>Cucumber</i>	Mango	<i>Potato</i>	<i>Tuna</i>
<i>Blackberry</i>	<i>Cumin</i>	Marjoram	Quail	<i>Turbot</i>
<i>Blackcurrant</i>	Curry	<i>Melon (Honeydew)</i>	Quinoa	<i>Turkey</i>
Blueberry	Cuttlefish	Milk (Buffalo)	Rabbit	Turnip
<i>Brazil nut</i>	Date	Milk (Cow)	Radish	<i>Vanilla</i>
<i>Broccoli</i>	<i>Dill</i>	Milk (Goat)	Raisin	<i>Veal</i>
<i>Brussels Sprout</i>	<i>Duck</i>	Milk (Sheep)	<i>Raspberry</i>	<i>Venison</i>
<i>Buckwheat</i>	<i>Durum Wheat</i>	<i>Millet</i>	Redcurrant	Wakame
Cabbage (Red)	Eel	<i>Mint</i>	Rhubarb	<i>Walnut</i>
<i>Cabbage (Savoy/White)</i>	<i>Egg White</i>	Monkfish	<i>Rice</i>	Watercress
Camomile	<i>Egg Yolk</i>	Mulberry	Rosemary	Watermelon
Cane Sugar	<i>Eggplant</i>	<i>Mushroom</i>	<i>Rye</i>	<i>Wheat</i>
<i>Canola</i>	Espaguette	<i>Mussel</i>	Saffron	<i>Wheat Bran</i>
Caper	Fennel (Leaf)	<i>Mustard Seed</i>	<i>Sage</i>	Wild Boar
<i>Carob</i>	Fig	<i>Nectarine</i>	<i>Salmon</i>	<i>Yeast (Baker's)</i>
Carp	Flax Seed	Nettle	Sardine	<i>Yeast (Brewer's)</i>
<i>Carrot</i>	<i>Garlic</i>	<i>Nutmeg</i>	<i>Scallop</i>	<i>Yucca</i>
Casein	<i>Ginger</i>	<i>Oat</i>	Sea Bream (Gilthead)	
<i>Cashew Nut</i>	Ginkgo	Octopus	Sea Bream (Red)	
<i>Cauliflower</i>	Ginseng	<i>Olive</i>	<i>Seasame Seed</i>	

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## 160+ Vegetarian IgG Antigens List

Agar Agar	Cherry	Lime	Raspberry
Almond	Chestnut	Liquorice	Redcurrant
Aloe Vera	Chickpea	Lychee	Rhubarb
Alpha-Lactalbumin	Chicory	Macadamia Nut	Rice
Amaranth	Chili. Red	Malt	Rosemary
Aniseed	Cinnamon	Mango	Rye
Apple	Clove	Marjoram	Saffron
Apricot	Cocoa Bean	Melon (Honeydew)	Sage
Artichoke	Coconut	Milk (Buffalo)	Seasame Seed
Arugula	Coffee	Milk (Cow)	Shallot
Asparagus	Cola Nut	Milk (Goat)	Soy Bean
Avocado	Coriander (Leaf)	Milk (Sheep)	Spelt
Banana	Corn (Maize)	Millet	Spinach
Barley	Couscous	Mint	Squash (Butternut)
Basil	Cranberry	Mulberry	Squash (Summer)
Bayleaf	Cucumber	Mushroom	Strawberry
Bean (Broad)	Cumin	Mustard Seed	Sunflower Seed
Bean (Green/String)	Curry	Nectarine	Sweet Potato
Bean (Kidney)	Date	Nettle	Tangerine
Bean (White Haricot)	Dill	Nutmeg	Tapioca
Beetroot	Durum Wheat	Oat	Tarragon
Beta-Lactoglobulin	Egg White	Olive	Tea (Black)
Blackberry	Egg Yolk	Onion	Tea (green)
Blackcurrant	Eggplant	Orange	Thyme
Blueberry	Fennel (Leaf)	Papaya	Tiger Nut
Brazil nut	Fig	Parsley	Tomato
Broccoli	Flax Seed	Pea	Transglutaminase
Brussels Sprout	Garlic	Peach	Turnip
Buckwheat	Ginger	Peanut	Vanilla
Cabbage (Savoy/White)	Ginkgo	Pear	Walnut
Cabbage (Red)	Ginseng	Peppercorns	Watercress
Camomile	Gliadin	Peppermint	Watermelon
Cane Sugar	Grape	Peppers (Mixed)	Wheat
Canola	Grapefruit	Pine Nut	Wheat Bran
Caper	Guava	Pineapple	Yeast (Baker's)
Carob	Hazelnut	Pistachio	Yeast (Brewer's)
Carrot	Honey	Plum	Yucca
Casein	Hops	Polenta	
Cashew Nut	Kiwi	Pomegranate	
Cauliflower	Leek	Potato	
Cayenne	Lemon	Quinoa	
Celery	Lentil	Radish	
Chard	Lettuce	Raisin	

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