

Although using oil on your face may seem counterintuitive, coconut oil has a number of great properties to help your skin shine. It has antibacterial and antifungal properties which can help heal acne and eczema, it won't change the pH of your face so it's not irritating and it is packed full of antioxidants to help diminish fine lines and wrinkles not to mention it is a great natural moisturizer.

Coconut Oil Facial Cleanser

Ingredients:

- 1 cup coconut oil
- 1 tbsp baking soda
- 5 drops lavender essential oil
- 5 drops frankincense essential oil
- 5 drops lemon essential oil

Directions:

1. Melt the coconut oil in a pan over low heat
2. Once melted, remove from heat and add in the remaining ingredients.
3. Store in wash dispenser or air tight jar and keep it in a cool place.

Note: if you have acne prone skin, replace frankincense and lemon oils with 10 drops of tea tree essential oil.

Source: <https://draxe.com/homemade-face-wash/>

