

# IDEAL HEALTH

An Integrated Medical Clinic in

Canmore, Alberta, Canada

owned and operated by

Dr. Clare Westmacott, MD, CCFP, MFHom (UK)

Carole Westmacott, RN

Ideal Health provides a unique approach to health and wellness by integrating both Western and Natural Medicine in the diagnosis and treatment of many conditions and diseases.

Since 1996, Dr. Westmacott and Carole have developed a specific focus on hormone imbalances, resulting in Bio-Identical Hormone Replacement Therapy becoming an integral part of their treatment protocol.

Using extensive clinical experience, commitment to ongoing education, and an individualized approach, the Westmacott's guide their patients through necessary adjustments to regain hormone balance and improve quality of life. They look at nutrition and judiciously use supplements (as maintenance and, when appropriate in an Ortho-Molecular approach).

The Westmacott's philosophy is based upon treating the whole person both horizontally and vertically. They believe this approach is necessary to ensure complete patient recovery and sustained health and wellness.

Dr. Westmacott graduated from the University of Western Ontario, London, Ontario in 1973. He went on to establish a large, rural, solo practice in Southern Ontario, practicing all forms of family medicine, including: office, on-call, hospital in-patients, emergency department and obstetrics - delivering more than 800 babies. Showing his commitment and dedication, Dr. Westmacott even made house calls!

While in Ontario, Dr. Westmacott furthered his patient care experience as Medical Advisor for Home Care in his county and as President of the Medical Advisor's Association of Ontario.

Dr. Westmacott is a practicing family physician and a member of the College of Physicians & Surgeons of Alberta with acceptance from the College to practice Homeopathy.

Dr. Westmacott trained as a Homeopathic doctor at the Royal London Homeopathic Hospital in London, England in 1998, where he achieved his MFHom (Member of the Faculty of Homeopathy). Since then, homeopathy has been incorporated into his practice at Ideal Health, including classical, constitutional high potency, drainage, and physical.