



Rocky Mountain Analytical®

Changing lives, one test at a time



NUTRIGENOMI 
EAT ACCORDING TO YOUR GENES



Ordering Guide





Dear Healthcare Professional,

As a healthcare professional in today's climate, you have probably observed that patients are taking a more active role in their healthcare. This trend gives you the opportunity to partner with your patients on their journey to optimal health. As patients focus more on prevention, this decreases the burden on the public system, and frees up those resources for the people who really need them. This is a win for all Canadians.

How can I order Nutrigenomix for my patients?

Enclosed is a registration form as well as an order form which you can complete and either email to info@rmlab.com or fax to 866-370-5223. The Nutrigenomix® test can be found on the Test Kit order form under "Environmental/Nutritional".

Clinical Support

We are pleased to be considered a partner in your patient's path to health, and as such we provide you with access to three great clinical consultants for your professional use: Dr. Joe Klassen, ND, our Naturopathic Consultant on staff, Dr. George Gillson, MD, PhD, our Medical Director and Dr. Clare Westmacott, MD, CCFP, MD MFHom(UK).

If you have any questions, please do not hesitate to call our Customer Service team at 866-370-5227, or email us at info@rmlab.com. Also, check our website (www.rmlab.com) for information on other Rocky Mountain Analytical tests.

Yours in health,

George Gillson, MD, PhD, CCFP
Medical Director, President
Rocky Mountain Analytical, a division of LifeLabs LP

Genetic Testing for Personalized Nutrition

Research shows that people are more highly motivated to adopt healthy dietary habits when given specific information about their unique metabolism than when given general advice. *Daiva E. Nielsen and Ahmed El-Soheby 2012*



THE TEST

45 Gene Panel

- This comprehensive genetic test consists of a panel of 45 genetic markers that enable healthcare professionals to provide patients with personalized nutrition advice and physical activity recommendations tailored to their DNA.

RESEARCH

Weight Management

- Variants in the FTO gene can impact your metabolic response to physical activity which will impact weight management in 1 in 6 individuals. *Andreasen et al. 2008*
- Research shows the CYP19A1 and LEPR genes are key contributors to one's likelihood of participating in physical activity. *De Moor MH et al. 2009*

Digestive Health

- Individuals with an elevated risk for lactose intolerance are at an increased risk for low calcium intake and blood calcium levels. *Enattah NS et al. 2002*
- Non-celiac gluten sensitivity (NCGS) affects approximately 5% of the population. 60% of those with NCGS have the DQ2 or DQ8 risk variation of the HLA gene. *Mark Wolters VM and Wijmenga C. 2008*

THE RMA ADVANTAGE

- Easy, non-invasive collection
- Comprehensive, easy to interpret report
- Actionable results
- Accredited Canadian medical laboratory
- Dedication to exceptional clinical support and education for healthcare professionals and patients
- Committed to advancing the science of wellness

Please complete this form & FAX to toll-free: 866.370.5223 or direct: 403.241.4501. To avoid delays please print all information clearly.

Last Name		Designation: please specify, ND, MD, etc.				
First Name		Professional License Number				
Please include a 'file copy' of your credentials. This is required to verify with the accreditors that you are an authorized user of laboratory services.						
Clinic / Pharmacy Name		If you are a recent ND graduate, please provide the date you received your license.*		year	month	
Clinic / Pharmacy Address				day		
City	Province	Postal Code				
Phone ()	FAX ()					
Email	Web Address					
Check <input checked="" type="checkbox"/> or circle how you wish to receive Test Reports (2 options only):		drOPsite (online portal)		Canada Post	Fax	
Circle applicable box if you would like to be listed on our website as a healthcare professional offering our testing services?					Yes	No
If yes, please specify how (circle only one).	Your Name	Clinic / Pharmacy Name	Receive business news via email? (eg. new tests)		Yes	No

Select Billing Methods Below by checking <input checked="" type="checkbox"/> box.			
Credit Card*		Invoice	
* Please complete and FAX a Credit Card Authorization Form			
Option 1: Professional Pays RMA. (includes volume discounts (saliva))			
<ul style="list-style-type: none"> Healthcare Professional pays wholesale price for all tests. If invoiced, Professional is billed bi-weekly for the laboratory work performed by RMA. Payment terms are net 15 days. If accounts are not kept current RMA will make appropriate collection efforts to bring the account up to date. RMA reserves the right to assign credit limits to accounts. If credit card is your method of payment, the card is charged once testing is complete and report sent. 			
Option 2: Patient Pays RMA. No volume discounts with Option 2.			
<ul style="list-style-type: none"> Note: Patient Pay may not be available for all tests. **Credit Card only accepted for patient pay option. Healthcare Professional is responsible to ensure patients know their credit card will be charged upon receipt of sample for full retail price, plus applicable taxes. Contact Client Services for Patient Credit Card Authorization Form. 			
Confirm billing option, choose:	Option 1	Option 2	
I have read the payment options and understand how each option works. I will abide by the terms and conditions of the option I have selected. I understand this option will apply unless I submit a request to change my preferences. I further certify that I am a member of a regulated health profession.			
Healthcare Professional Signature below:			
Signature _____			

RMA TEST PANELS (check <input checked="" type="checkbox"/> all you are interested in)	
Hormones (sex hormones)	
Urine Steroid Hormones	
Urine Thyroid Assessment	
Food Reactions	
D-Spot 25-hydroxyvitamin D ₃	
Environmental Pollutants	
Fatty Acid Profile	
Hair Element Analysis: 45 Essential & Toxic Elements	
Urine Element Analysis: 39 Essential & Toxic Elements	
Iodine Plus	
MELISA	
Hair Cortisol	
Conventional Labs	
Alberta	
British Columbia	
British Columbia (Okanagan)	
Ontario	
Other interests, please specify:	



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Test Kit order form

Healthcare Professional First Name		Last Name	
Clinic or Pharmacy Name			
Clinic or Pharmacy Address			
City		Province	Postal Code
Phone	area code	FAX	area code

TEST KIT ORDER - Test kits are provided free of charge.

Saliva Hormones	Kit Quantity	Immunology	Kit Quantity
1-tube: Any combination of morning hormones.		MELISA: Metal Hypersensitivity Testing	
2-tubes: Morning hormone(s) plus bedtime cortisol.		Environmental /Nutritional	Kit Quantity
4-tubes: Morning hormone(s) plus noon, suppertime and bedtime cortisol.		D-Spot - measures 25 hydroxyvitamin D3 in dried blood spot.	
11-tubes: Morning E2-Pg every 3rd day x 11 samples. Average testosterone, DHEAS and Cortisol		Fatty Acid Profile - measures omega-3, omega-6, mono-unsaturated, saturated & trans fatty acids plus Omega-3 Index, Omega-3 Whole Blood Score and AA to EPA ratio.	
Hair Hormones	Kit Quantity	Hair Element Analysis: 45 Essential and Toxic Elements Test kits include weigh scale.	
Hair Cortisol		Iodine Plus - measures iodine, bromine, cadmium, selenium and the ratio of Br to I in urine	
Urine Hormones	Kit Quantity	Nutrigenomix® - Analyzes genetic variants in saliva.	
Urine Thyroid Assessment: Measures selenium, T3 and T4 in urine. Note: Kit includes 24 hour urine collection container.		Urine Elements** - <i>order correct kits, see below</i> Toxic Elements &/or Essential plus Toxic Elements.	Kit Quantity
dutch® Steroid Hormones: metabolites of androgens, glucocorticoids, estrogens, progestogens, and melatonin.		PRE OR POST kit requires 1 tube** Toxic Elements &/or Essential plus Toxic Elements.	
Growth Hormone		PRE AND POST kit requires 2 tubes and one 3L container.	
Food Reactions - IgG / IgA / IgE	Kit Quantity	POST kit requires 3L containers**	
RMA FST™: Tests for 120+, 160+, 200+ IgG food sensitivity panels as well as Candida IgG.	# of Extra Cards	Bar Code Labels - 30 labels per sheet	Order Quantity
Candida Panel: IgA, IgG, IgM.		Healthcare Professional Bar Code Labels must be affixed to all requisitions.	# of Sheets
Standard IgG-IgE-IgA - Serum: General 96 Food Panel, Vegetarian Panel, Herbs & Spices, Inhalants.			
LifeLabs IgG-IgE-IgA - Serum: Same as IgG-IgE Serum. Patient goes to LifeLabs collection centre for blood draw & LifeLabs ships sample to RMA. Collection fee applies.			
Celiac Panel: Tests for gliadin IgA, gliadin IgG, anti-tissue transglutaminase IgA.			

You can also place your order:

- via [drOPsite](#) - click Order Kits
- by phone: Client Services toll-free 866.370.5227
- by email: info@rmlab.com






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Literature order form

Healthcare Professional First Name		Last Name	
Clinic or Pharmacy Name			
Clinic or Pharmacy Address			
City		Province	Postal Code
Phone	area code	FAX	area code

LITERATURE ORDER - Literature is provided free of charge unless otherwise shown.

Patient Information Sheets - 50 per pad	
Saliva & Other Hormones	Order Quantity
Adrenal Function - Stress, the value of cortisol testing and interventions for adrenal function.	
Female Panel - Female hormone imbalance, saliva testing information plus possible interventions.	
Male Panel - Male hormone imbalance, saliva testing information plus possible interventions.	
Month-Long Hormone Assessment - Female hormone imbalance over a month.	
Hair Cortisol - Information on cortisol in hair.	
Thyroid Testing - Information on Thyroid conditions and why early identification is important.	
dutch® Steroid Hormones Testing - Information on hormone metabolites in urine.	
Growth Hormone - Information on growth hormone.	
Food Reactions	Order Quantity
Food Sensitivity - Information on food sensitivity related conditions, and importance of identifying and avoiding antigens.	
Gluten Sensitivity - Information on Celiac disease and importance of identifying gluten sensitivity.	
Environmental / Nutritional	Order Quantity
Fatty Acid Profile - can be used to assess cardiovascular disease risk.	
Hair Element Analysis - How hair element analysis can be used to identify and treat a variety of health issues.	
Urine Element Analysis - can be used to identify both toxic and essential elements and how your body absorbs nutrients.	
Iodine Plus - Used to determine if patient has right balance of iodine and bromine.	

Brochures / Books / Resources	Price	Order Quantity
D-Spot, 25-hydroxyvitamin D brochure	Free	
Menopause Brochure - How saliva testing can help menopause symptoms.	Free	
MELISA Brochure - About metal hypersensitivity testing.	Free	
Nutrigenomix® 45 Gene Brochure	Free	
You've Hit Menopause Now What? - Book 	Critically evaluates the science around bio-identical hormone replacement in a very readable way). Written by Dr. G. Gillson & T. Marsden, BScPharm.	\$8.50 per copy wholesale price Call Client Services to order
Reference Guide 	Essential & Toxic Elements: Information on effects, sources and intake of toxic and essential elements.	Free with first Hair test \$5.00 per extra copy
Resource Binder - Your guide to RMA Services. Includes: 	<ul style="list-style-type: none"> Clinical Information on tests Patient Information Sheets Sample Requisition 	One Free \$25 per additional copy.

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