



For Patients

Ever wonder what's really happening on the inside?

Are you suffering from diarrhea, constipation, bloating, gas, or indigestion?

Rocky Mountain Analytical® is now offering **Gut-Well™** Digestive Stool Analysis. This simple, non-invasive test can be completed from the comfort of your own home and will provide your healthcare provider with important details about your overall gut health.

A SIMPLE, NON-INVASIVE, AT-HOME TEST.

Get in touch with your gut.

Discover more about your digestive health with **Gut-Well™**

Many digestive problems have similar symptoms:



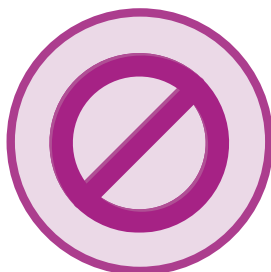
Gas and bloating



Abdominal pain



Diarrhea



Constipation



Heartburn

By themselves, these symptoms may not be enough for your doctor to find the cause of your GI problems. Getting a **better understanding** of your GI health can help.

Gut-Well™ Digestive Stool Analysis, from Rocky Mountain Analytical®, provides a **detailed view** of your gut health.

What is Gut-Well™ Digestive Stool Analysis?

Gut-Well™ Digestive Stool Analysis gives information on your gut health, including possible causes for your symptoms, based on the analysis of one or more stool samples. The 4 main categories of **Gut-Well™** Digestive Stool Analysis are:



Digestion and Absorption

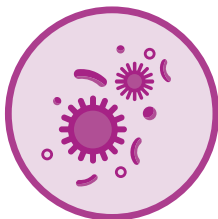
The main role of the stomach and small intestine is to digest food and absorb nutrients. When you have problems with digestion, they can cause a number of common symptoms, such as abdominal pain, gas, and diarrhea. **Gut-Well™** Digestive Stool Analysis can help tell your doctor if your gut is properly digesting and absorbing nutrients.



Inflammation and Immunology

Gut inflammation could be a sign of problems involving your immune system. **Gut-Well™** Digestive Stool Analysis looks for signs of inflammation and immune problems, which can help to identify or rule out:

- Inflammatory bowel disease (IBD)
- Food sensitivities
- Imbalance in gut bacteria



Pathogen Profile

Your gut contains many different types of helpful bacteria. However, not all bacteria are helpful. Infectious bacteria can upset the helpful ones and cause disease. **Gut-Well™** Digestive Stool Analysis checks for the presence of infectious bacteria and parasites.



Gut Ecology

Your gut is home to a number of bacteria that help your gut to digest food by breaking it down into specific by-products:

- Your bacteria digest high-fibre foods, like asparagus or beans, that your gut can't break down by itself to produce by-products that your body can use.
- If you are having problems digesting other foods that your gut normally digests by itself, like protein, your bacteria will help break them down into different by-products.

Gut-Well™ Digestive Stool Analysis looks for both kinds of by-products to see if your bacteria are helping you digest properly or if you have any digestive problems.

Gut-Well™ Digestive Stool Analysis provides you and your doctor with a clear picture of your gut.

How does Gut-Well™ Digestive Stool Analysis work?



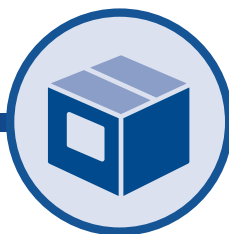
1. Your doctor will provide you with collection materials and instructions on how to collect your sample.



2. Collect your stool sample in the privacy of your home.



4. Once your sample has been analyzed, meet with your doctor to discuss your results.



3. After collection, follow the packaging and shipping instructions to mail your sample.

Where can I find more information about Gut-Well™ Digestive Stool Analysis?



Go online
rmlab.com



Talk to your doctor



Get your gut tested. Ask your healthcare provider about Gut-Well™ today.