

RECIPE HUB

Sparkling Pomegranate Cocktail

Holiday Drink

Source: www.myrecipes.com/recipe/sparkling-pomegranate-cocktail



SERVES:

8



PREP TIME:

10 MINS



CALORIES:

195 CAL

Pomegranate juice has been found to help maintain blood sugar levels and boost your metabolism. This light, bubbly cocktail can be enjoyed both with spirits or spirit free this holiday season.

INSTRUCTIONS

1. Combine liquid ingredients in a pitcher.
2. Pour 1/2 cup into ice-filled glass.
3. Garnish with lemon rind strips, if desired.

INGREDIENTS

2 cups pomegranate juice

1 1/2 cups lemon-flavored sparkling water

1/2 cup berry-flavored vodka or plain vodka

Lemon rind strips (optional)

Nutrigenomix® is the science that helps to uncover the relationship between genes, nutrition and human health. **Learn more at** www.rmalab.com/nutrigenomix



www.rmalab.com



info@rmalab.com



403.241.4500



Rocky Mountain Analytical®